

For more information, see www.government.nl/coronavirus-test



Rijksoverheid

Thank you for getting tested for coronavirus



Information following a PCR test

alleen samen krijgen we
corona onder controle

24 September 2021

More information:

If you would like to know more about testing for coronavirus, you can visit www.rijksoverheid.nl/coronatest

When your test result is available, go to www.coronatest.nl and log in with your DigiD.

If you would you like to know whether you need to quarantine, do the check at quarantainecheck.rijksoverheid.nl.

You can read the quarantine rules at www.rijksoverheid.nl/quarantaine

If you would like to know whether you need to get tested or go into quarantine, do the check at quarantainecheck.rijksoverheid.nl.

If you need help or support during quarantine, visit the website: www.rijksoverheid.nl/quarantainegids

Today you have been tested for coronavirus using a PCR test.



You need to continue to quarantine after you have been tested. This is because:

- you have symptoms of coronavirus.
- you have been at high risk of infection because:
 - you live with or have been in close proximity* to somebody who has coronavirus and you have not yet been protected against the virus.
 - you have received a notification from the CoronaMelder app and you have not yet been protected against the virus.
 - you have been abroad in an area that requires you to quarantine. If you are not fully vaccinated, you must remain in quarantine for ten days. You can leave quarantine sooner if you get tested at the GGD on or after day 5 after arriving in the Netherlands and the test result is negative.

If you would like to know whether you need to quarantine, do the check at [quarantainecheck.rijksoverheid.nl](https://www.quarantainecheck.rijksoverheid.nl).

You are protected against coronavirus if:

- you had a second shot of the AstraZeneca, BioNTech/Pfizer or Moderna vaccine 14 days or more ago, or
- you had one shot of one of these vaccines 14 days or more ago and you previously had coronavirus, or
- you had one shot of the Janssen vaccine 28 days or more ago, or
- you have had coronavirus in the past six months (180 days).

Rules for quarantining:

- Do not go outside. You may sit in your own garden or on your own balcony.
- Do not have any visitors.
- Keep as far from other people in your household as possible.
- Have someone else do your shopping for you, or have it delivered.
- Wash your hands regularly, sneeze or cough into your elbow and use paper tissues.
- Other people in your household will also need to quarantine if they are not protected and somebody else in the household has coronavirus.

* Close proximity means being within 1.5 meters of someone with coronavirus for a total of more than 15 minutes within a 24-hour period.

If you need help or support when self-quarantining, see www.government.nl/quarantine-guide for tips and information.



The test result

You will receive the result as soon as possible, by telephone or e-mail.

• **If you have a DigiD, you can view your results online.**

If you made your appointment online at www.coronatest.nl, or if you stated that you have a DigiD when you were making the appointment by telephone, you will be sent an e-mail as soon as the test result is available. Then you can log in at www.coronatest.nl using your DigiD to view your results. Please note: the notification e-mail could end up in your spam folder.

• **If you do not have a DigiD, you will be notified by telephone.**

You do not need to call yourself.

• **If the test result is positive, you have coronavirus.**

- That means you need to self-isolate at home. You must do everything possible not to infect anybody else in your household. Stay in your own room alone as much as you can. This will ensure that the people you live with are not in close proximity to you.
- Do not allow any visitors in.
- What members of your household or close contacts should do, depends on their situation. You will find more information on this when you retrieve your test result from www.coronatest.nl. Or the GGD will tell you when they call you.

• **If the test result is negative, it means you did not have coronavirus when the test was done.**

If you are currently in quarantine, whether or not you need to continue to quarantine will depend on your specific situation.

- If you got tested because you have coronavirus symptoms, you no longer need to quarantine.
- If you got tested because you had a high risk of having been infected, you must continue to quarantine if you were tested before your fifth day of quarantine, because you may still become ill.
- If you got tested on the fifth day of quarantine or later, you no longer need to quarantine. However, take extra care around elderly or vulnerable people in the next few days.

If you are not already in quarantine, from now on you will only need to follow the basic rules that apply to everybody in the Netherlands.

Please note: if your symptoms return or if they get worse, make another appointment for a test immediately or contact your GP.